# Let's Talk About Health A Community Conversation: Diabetes, Obesity,

Heart disease, Hypertension

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# Saturday, October 23 9:30 am - 1:00 pm

**Panel Discussion** 10:00 am - 11:30 am **Testing** 9:30 am - 1:00 pm

#### **Panelists:**



Nebretta Sharie Blount, FNP – Endocrinology



#### Edward Chu, MD – Cardiology – Interventional Cardiology



Donna Bernice Allen-Peebles, FNP – Cardiology



**Nicholas Robert Chuck, PA** – Family Medicine, Primary Care

*In person and live streamed via You Tube.* 

To connect to You Tube bit.ly/100Communityhealth

For more information www.100blackmenva.org or call (757) 726-7027

**Hosts:** Virginia Peninsula Chapter of the 100 Black Men of America, Inc and Riverside Health System

**Location:** YH Thomas Community Center, 1300 Thomas Street, Hampton, VA 23669

# **Cost: FREE**

**Subject Matter:** Diabetes, Obesity, Heart disease, Hypertension

**Features:** Panel Discussion with Riverside Health System personnel.

### Healthcare testings and consultations:

Testing for A1C, glucose, blood pressure, BMI. COVID and Flu shots available. On site consultations available.

## **Masks Required**





